

Teaching Notes

Equilibrium #1

Equilibrium

Genesis 37

There are three prevailing realities in which we might find ourselves at any given time. These realities vividly depicted in the life of Joseph help us find our equilibrium.

1. When all is good: The reality of orientation.

Trust God to lead you and appreciate the blessings.

2. When all goes bad: The reality of disorientation.

Trust God to mature you and look for or anticipate the blessings.

3. When all is new: The reality of reorientation.

Trust God to lift you and find new blessings in the new normal.